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April Stone

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April Stone : Empath: Harness Your Gift and Thrive as an Empath (April Stone - Spirituality) (Volume 2)
before purchasing it in order to gauge whether or not it would be worth my time, and all praised Empath: Harness Your Gift and Thrive as an Empath (April Stone - Spirituality) (Volume 2):

0 of 0 people found the following review helpful. An interesting book to read, would have a look yourself. By Edward I previously bought another Empath book a few days ago but also decided to buy this one to better understand it. This book was definitely better at highlighting what an empath is. Although I personally don't fully believe in being an empath it is an interesting subject to read about. The emotional, energy and all the other 'vampires' were an interesting take on a person's psyche and the different states they can be in and how they affect you. Overall an interesting book to read and would recommend to any one who wants to know more. 0 of 0 people found the following review helpful. 5.0 out of 5 stars A treasure By Margaret I highly recommend this book for anyone who thinks they might be an empath or is curious about empaths. Judith Orloff's book is informative and captivating. She speaks to the reader from her own experience and expertise. I have learned a lot about myself through the reading of this book. Excellent, practical strategies for the very sensitive person to use right away. Written clearly, concisely, and with love. 1 of 1 people found the following review helpful. Good By Customer I like this book because this book wants to help empaths take the first step in understanding and embracing their importance among us. Good!

Empaths are a gift to humanity that unfortunately humanity has neglected. Empaths are the bridges between every space, gap and social need our world has. Their abilities to understand beyond the understandable provides the people around them an opportunity to achieve and thrive. Empaths are the intuitive healers and nurturers of humanity, but only if we allow them to thrive among us. The sad truth is many empaths find themselves isolated at an early age and learn to not just neglect their gifts but to actively ignore them to fit into modern society. This is the biggest mistake humanity could ever let happen, in a time where misunderstandings and poor communication has resulted in so many injustices around the world today. This book wants to help humanity take the first step in understanding empaths and embracing their importance among us. You will learn: - What exactly an empath is - The many different types of empaths there are - How to identify each type of empath - The special gifts of each empath - What each empath needs

to thrive

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